



100 FUN things to do in isolation

1. Get some chalk and play hopscotch
2. Put on a puppet show
3. Play volleyball or soccer with balloons
4. Go 'camping' in your living room or backyard
5. Make and fly a kite
6. Make your own play-dough
7. Work on a puzzle
8. Teach the dog a new trick
9. Visit a Zoo - from your computer
10. Write letters or make cards to send to family and friends
11. Make your own slime!
12. Learn sign language
13. Use lego to build landmarks from around the world
14. Build a photo booth backdrop and get snapping
15. Make a music video for your favourite song
16. Have a 'Theatre Night' in the living room
17. Make a fort
18. Learn to play the Ukulele
19. Play hide and seek inside or outside
20. Go Birdwatching in the backyard
21. Dance to your favourite music
22. Make your own soap
23. Treat yourself to an at-home spa day
24. Create your own random acts of kindness game
25. Make a time capsule
26. Take free karate lessons
27. Visit the Get Mooving website and enjoy Activities in the Park from home
28. Follow RiverConnect on Facebook and take part in one of their many activities
29. Take a yoga class in the comfort of your living room
30. Build an obstacle course in the backyard
31. Have a paper plane competition
32. Make bookmarks - and get reading!
33. Learn to sew or crochet
34. Attend a virtual concert
35. Organise a treasure hunt
36. Start a daily drawing challenge
37. Go for a bike ride
38. Take a self portrait everyday
39. Bake something delicious
40. Write a short story
41. Make your own Chalk Paint
42. Make a comic strip
43. Create a Collage
44. Learn how to dance
45. Learn how to Hula Hoop
46. Build a Terrarium
47. The floor is Lava!
48. Decorate some cookies
49. Paint or Draw with your Feet
50. Make friendship bracelets
51. Listen to a podcast or create your own
52. Visit the Melbourne Museum from home
53. Live Stream - Sea Life Melbourne
54. Paint a masterpiece...or the house
55. Update your resume
56. Learn how to sketch
57. Get fit with an online Aquamoves class
58. Start your own You Tube channel
59. Spring clean your house
60. Make a playlist of your favourite songs
61. Refine your writing skills
62. Start posting Tik Tok videos
63. Join a You Tube Tutorial
64. Perfect your floral arrangements
65. Research your family history
66. Clean out the shed
67. Download a fitness app
68. Get your DIY on
69. Take a free renovation class
70. Take up journalling
71. Redecorate your bedroom...or entire house
72. Check out the art at the Australian National Portrait Galley
73. Do an online course
74. Catch up on some reading
75. Cook up a storm
76. Start a blog
77. Learn a language
78. Practice mindfulness
79. Clean out your wardrobe
80. Plan your next holiday
81. Make a photo album
82. Do a yoga class
83. Play around with indoor photography
84. Write letters to the people you love
85. Crack the board games out
86. Declutter your phone
87. Learn to play an instrument
88. Finally organise your finances
89. Get your bath time self-care game on
90. Make a care package for your friends and family
91. Start a blog
92. Host a virtual party
93. Start writing a book
94. Make a dream board
95. Get inspired with TED talk videos
96. Join SAM for an online art class
97. Visit Kaiela Arts from your computer!
98. Practice an old skill
99. Call your friends and family
100. Catch up on some reading

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